

**GET  
INVOLVED!**



**Pocono Mountain  
East High School  
Athletics, Clubs, & Activities**

All Club and Intramural programs strive to provide additional opportunities for students beyond the traditional school day, in areas such as academics, athletics, the arts, and citizenship/ community service endeavors. In addition to programs that have traditionally been offered to students at EHS, students have the opportunity to present ideas for new and exciting programs that may be of interest.

## **Aevidum**

Aevidum is an organization that seeks to eliminate the stigma associated with mental illness. It is a student-led club whose goals are suicide prevention and to create a school climate where all students can feel accepted, appreciated, acknowledged, and cared for.

**Advisor** - Kyleen Newlander

**Location**—Room 121

**Day(s)** – Monday



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## **Anime Club**

Students participate in general Anime related activities such as reading manga, watching anime, drawing, cosplay, and other activities related to the art form.

**Advisor** - Miriam Carson

**Location** -TBD

**Day(s)** - Tuesday



## **Black Student Union**

The goal of this club is to provide students with an opportunity to engage in activities and discussions designed to help foster a better understanding of experiences and issues that impact African American students. This club is open to all students regardless of racial and/or cultural differences.

**Advisor** – Christina Bracey & Shana Kunkle

**Location** -222

**Day(s)** -



## **Chess Team**

The Chess Team competes annually through the Eastern Pennsylvania Conference & State & National Competitions from Nov.- Feb.

The PME Chess Team is a competitive program that competes against other schools and teams throughout the year.

**Varsity Head Coach** - Larry Bias

**Location** - Room 217

**Day(s)** - Monday—Friday



## **Color Guard**

A non-musical group that performs with the Marching Band, specializing in dance and movement.

**Advisor** – Kyle Niskala

**Location** – Band Room & “C” Lot

**Day(s)** - Tuesday, Thursday & Friday



## **Concert Choir**

Concert Choir is a mixed male and female choir that is open to any student who wishes to sing in a group. Students perform three concerts a year and learn how to become better performers. This is a scheduled course, not after school activity.

**Advisor** - Trish Gladstone

**Location** - Room Chorus

**Day(s)** - Monday—Friday



## eSports

"Esports requires a tremendous amount of critical thinking, communication, collaboration, and creativity from players to achieve and sustain success." As a club, at this time, the game we will be focusing on is League of Legends. "League of Legends is a complex game involving both high-level strategy and fast-paced gameplay. Skilled players know how to beat the opponent in front of them, while keeping the macro-elements in mind to support their team to victory."

**Advisor** - Jessica Allshouse/Jason Anglada

**Location** - Room H207

**Day(s)** – Tuesday



## FBLA

FBLA - Future Business Leaders of America - helps high school students prepare for careers in business through academic competitions, leadership development, and educational programs.

**Advisor** - Kimberly Osborne

**Location** - Room 116

**Day(s)** – Tuesday



## **French National Honor Society**

An academic club dedicated to the learning of and the enrichment in the French language and culture.

**Advisor** - Johanna Weaver

**Location** - Room H100

**Day(s)** – Thursday



## **Future Health Care Workers**

Learn about different Health Care career paths, discuss relevant topics. Appreciate that Healthcare is a team effort and learn to understand and respect health care careers beyond the future role a student is interested in.

**Advisor** – Renee Garvey

**Location** - Room 118

**Day(s)** – Monday



Future Healthcare Professionals

## **German National Honor Society**

An academic club dedicated to the learning of and the enrichment in the German language and culture.

**Advisor** – Carol Tetrault

**Location** - Room H103

**Day(s)** – TBD



## **Gender Sexuality Alliance**

A safe place for LGBTQ+ students and allies to get together and socialize.

**Advisor** - Teresa Griesbach

**Location** - Room H105

**Day(s)** – Every other Monday





## **Hyped Magazine**

Hyped Magazine Hyped is a magazine that highlights the positive events, programs and people at East High School. Students gain experience in magazine journalism, writing, editing, photography, layout and design.

**Advisor** - Heather Baldauff

**Location**—Room 239

**Day(s)** - Wednesday



## **Jazz Band**

Open to students that want to further their playing abilities in the jazz idiom .

**Advisor** - Tim Eick

**Location** - Room Band

**Day(s)** - Tuesday & Thursday



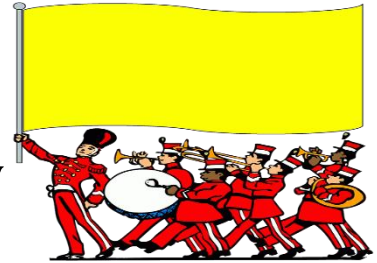
## **Marching Band**

Marching band- group of musicians who play instruments while marching, typically in a parade or at a sports event

**Advisor** - Tim Eick

**Location** - Room Band & “C” Lot

**Day(s)** - Tuesday, Thursday & Friday



## **Math Honor Society**

You must complete 2 years of Math (including Algebra) and be enrolled in a 3<sup>rd</sup> Math class with a 3.0 Grade Point Average (we will convert).

**Advisor** – Melissa DeFazio

**Location** – Room 230

**Days** – TBD



## **Mock Trial**

Mock Trial is a competition in which students simulate a real trial. The trial concerns an official AMTA case that remains the same through the entire academic year. The case alternates between a civil and a criminal case every year.

**Advisor** – Robert Kier

**Location** – Room 130

**Days** – Monday & Wednesday



## **Model UN Club**

In Model United Nations, students step into the shoes of world leaders and act as delegates to the United Nations, simulating UN committees, working together to solve global challenges. They represent different countries, learn how to research, practice public speaking, have a ton of fun, and grow into confident student leaders who are prepared for college, internships, and their future careers

**Advisor** – Kristy Snider

**Location**—120

**Day(s)** - Wednesday



## **Musical**

The spring musical performs three shows in March/April that showcases student's ability to act, dance, and sing. Students may join by audition only, auditions are held in October each year.

**Advisor** - Trish Gladstone

**Location**—Auditorium

**Day(s)** – Thursday



## **National Art Honor Society**

We aid members in working toward the attainment of the highest standards in art areas and bring art education to the attention of the school and community.

**Advisor** – Dawn Hallenbeck

**Location**—204

**Day(s)** – Tuesday



## **National Honor Society**

Academic service club- see page 12 of student handbook for more information.

We meet as needed to plan service events; thus, we do not always meet on the same day or each week.

**Advisor** - Allison Carpenter

**Location**—Room 232 or cafeteria

**Day(s)** – Tuesday



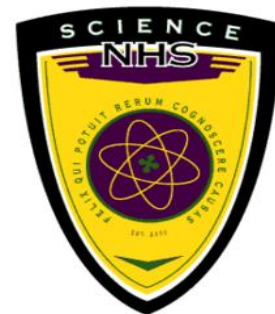
## **National Science Honor Society**

Taking the best of our science students, we help spread a love of science through community service

**Advisor** - Keith Walters

**Location** - H208

**Day(s)** – Tuesday



## **Odyssey of the Mind**

An international problem-solving competition. Participants work with up to seven team members to find creative solutions to the problem they choose. Teams participate in a regional competition, with the top teams moving on to a state competition. Teams who place first or second at the state competition advance to the World Finals in May. Those with musical talent, artistic ability, building skills, or can act are encouraged to join.

**Advisor** - Kevin Semian

**Location**—EJHS Room 112

**Day(s)** - Tuesday & Thursday (Oct - March)



## **Peer Support**

Peer Support is part of the Sociology/Peer Support class. We help with building-wide events. We give tours to new students. We assist teachers with their classes, and we serve as mentors to students at SIS.

**Advisor** - Michelle Belavitz & Robert Pagotto

**Location**—Room 128

**Day(s)** – Tuesday

The logo for Peer Support consists of two interlocking red loops, resembling a stylized 'P' and 'S'. To the right of the loops, the words 'Peer Support' are written in a red, sans-serif font.

Peer Support

## **PJAS - Pennsylvania Junior Academy of Science**

Students research a problem, conduct experiments, and present findings to a board of judges in local and statewide competition

**Advisor** - Keith Walters

**Location**—Room JH236

**Day(s)** - Wednesday



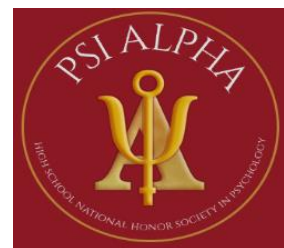
## **Psi Alpha**

Psi Alpha is the APA's high school psychology honor society. We do activities related to psychology and mental health.

**Advisor** - Robert Pagotto

**Location**—Room 128

**Day(s)** – Wednesday



## **Reading Competition**

If you like to read, this is the team to join! Being a member of this group does not require much more than reading a good book. All you must do is remember a bit of what you read to answer questions about the books.

**Advisor:** Beth Bresser

**Location:** Library

**Day(s):** Morning Announcements & Scrolling Monitors for dates.



## **SADD - Students Against Destructive Decisions**

SADD is a club that educates and empowers students. We try to get the message about drunk driving and distracted driving to students in a positive way

**Advisor** - Irene Chowdhury & Alicia Marshall

**Location**—Room 120

**Day(s)** – Thursday





## **Scholastic Scrimmage**

It's answering question on just about anything like Jeopardy. We use a buzzer system as well.

Scholastic Scrimmage competes through the EPC from Oct – Nov. They have a regional competition in the Spring.

**Advisor** - Melissa DeFazio

**Location**—Room 230

**Day(s)** – Monday



## **Science Olympiad**

A group of 15 students compete against other schools in a series of 23 events in every field of science.

**Advisor** - Keith Walters

**Location**—EJHS Cardinal Cafe

**Day(s)** – Thursday



## **SGA - Student Government Association**

SGA is made up of elected student officers and general members who like to be a part of organizing, promoting, and implementing school sponsored events. SGA works collaboratively with administration, faculty and staff, and other student organizations to create a positive atmosphere within the education setting. SGA holds various fundraisers throughout the year that benefit the student body as a whole, the local community, and national organizations/causes. Members of the SGA look to promote school spirit and offer activities and events, both during and outside the school day, to give students a well-rounded educational experience.

**Advisor** - Jessica Allshouse /Chris Gilroy

**Location**—Room 136

**Day(s)** – Wednesday



## **Show Choir**

Show Choir is a musical ensemble that combines choral singing with choreographed dance, often singing popular or vocal jazz music. Admission is by audition only and you must be in choir to participate. Auditions are held in May for the following year.

**Advisor** – Trish Gladstone

**Location**—Chorus Room

**Day(s)** – Tuesday



## **Sociedad Honoraria Hispanica**

Spanish Honor Society promotes Spanish language learning. Spanish students will provide tutoring help to other Spanish students. We will have a community service component/volunteer. We also will do fun activities related to Spanish culture.

**Advisor** - Michelle Bruzzese

**Location**—EHS Cafeteria/Library

**Day(s)** – Tuesday



## **Speech & Debate**

Students compete against high schools in the EPC in competitive public speaking. Students write arguments in the affirmative and negative in regard to the National Policy Debate resolution. Then the students debate against other teams in groups up to 4 people.

**Advisor** - Robert Kier & Dave Orehotsky

**Location** - Room 234

**Day(s)** - Monday & Wednesday



## **Step/Dance Team**

The step/dance team combines step & dance. Commitment & hard work are necessary. The team performs during half-time at home basketball games. Practice is mandatory, no excuses.

**Advisor** – Shana Kunkle

**Location** - Room Cafeteria

**Day(s)** - Wednesday



## **The Leo Club**

Community service club affiliated with the Tannersville Lions Club.

**Advisor** - Johanna Weaver

**Location**—H100

**Day(s)** – Tuesday



## **The Literary Magazine**

We are a creative writing club; students write together, share their writing, and support each other as writers and artists. We also normally produce an annual publication of student work. We also normally help NHS with Poetry Out Loud and travel to the Scholastic Press Association Fall conference at Columbia University (pre-covid).

**Advisor** - Karen Jackson-Petersen

**Location**—Room 233

**Day(s)** – Monday



## **Tri-M Music Honor Society**

The Tri-M Music Honor Society is a club for students displaying high academic, behavioral, and leadership qualities in the music department.

Students complete service hours and assist with various music department events throughout the year. Students must be in band or chorus for entry.

**Advisor** - Trish Gladstone/Tim Eick

**Location**—Room Chorus/Band

**Day(s)** – Monday



Tri-M Music  
HONOR SOCIETY

## **TV Studio/Morning Announcements**

Produce and broadcast morning announcements

**Advisor** - David Orehotsky

**Location**—Room TV Studio

**Day(s)** - Monday—Friday



## **Women's Choir**

Women's Choir is an advanced choir that performs three concerts a year and several performances throughout the community. This group is open by audition only. Auditions are held at the end of each school year for the following year. This is a full year academic course.

**Advisor** - Trish Gladstone

**Location**—Room Chorus

**Day(s)** - Monday—Friday



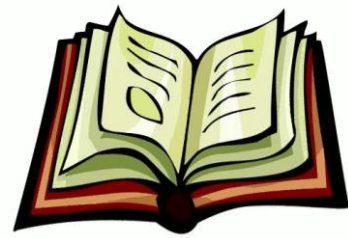
## **Yearbook**

Yearbook Publishing, I and II are offered as elective classes for students in grades 10-12. Students who wish to participate in the class should schedule it the previous school year. Applications are required and are made available by Dr. Bracey and the guidance office staff. We meet daily during the school day.

**Advisor** - Dr. Bracey

**Location**—Room 222

**Day(s)** – Monday



# Athletics

All sports, intramural sports, conditioning, and try-outs require a physical.

Pocono Mountain East may offer free athletic physicals twice per year.

Athletes must register online through Family ID ([www.familyid.com](http://www.familyid.com))

Athletic Director – Mr. Matt Frailey  
[mfrailey@pmsd.org](mailto:mfrailey@pmsd.org)

Asst. Athletic Director – Mr. Gerry Greeley  
[ggreeley@pmsd.org](mailto:ggreeley@pmsd.org)



# Fall Sports



Boys Soccer



Competitive Spirit

Cross Country



Field Hockey



Football

Girls Soccer



Girls Tennis

Girls Volleyball



Golf



# Winter Sports

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Boys Basketball

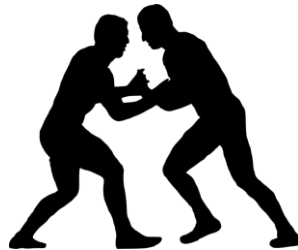
Competitive Spirit

Girls Basketball



Swimming

Wrestling



# Spring Sports



Baseball

Boys Tennis



Boys Volleyball

Softball



Track & Field



